

Mt Eliza Primary School Kitchen Garden Program 2017



Chinese Dim Sims

Equipment:

Chopping board Knife Large bowl Measuring cups and spoons Wooden spoon Wok or large frypan

Ingredients:

500g minced pork 250 g prawns 1/4 small cabbage

1 egg

2 tablespoons corn flour

6 shallots

2 teaspoons sesame oil (vegetable oil in the

kitchen classroom)

250g packet of wonton wrappers

Oil for deep frying

What to do:

- 1. Combine in a bowl the finely shredded cabbage, finely chopped shallots, minced pork, shelled and finely chopped prawns, egg, cornflour, soy sauce and sesame/vegetable oil. Mix well.
- 2. Place a teaspoon of mixture onto the centre of each wrapper.
- 3. Gather the sides of the wrapper around the filling, pleating the edges together.
- 4. Drop the dim sims into deep hot oil, fry until golden brown. Remove the dim sims, and drain on absorbent paper.