

Mt Eliza Primary School Kitchen Garden Program



Italian Lemon Cookies (Frollini al Limone)

(Makes approx. 30 cookies)

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Bowls - 2 medium

Scales

Citrus juicer & jug Microplane grater

Small knife

Whisk

Chopping board

1-2 Baking trays

Butter knife

Measuring spoons

Cookie cutters

Metal spoon

Ingredients:

400g white rice flour

Pinch of salt

Juice and zest of 1 lemon 200g light brown sugar

2 tsp Limoncello or lemon mineral water

200g butter

4 eggs

What to do:

- Weigh and measure ingredients according to the ingredient list.
- Using a micro-plane grater, grate the zest from the lemon. Set aside.
- In a medium sized bowl, mix the rice flour with a pinch of salt and set aside.
- Whisk together the lemon juice, zest and sugar in another medium sized bowl.
- Add the Limoncello, butter and the eggs (or egg replacer if using).
- Add the flour and bring the mixture together with a metal spoon or butter knife.
- Form a loaf and let stand for 15-20 minutes, covered with a clean tea-towel.
- Roll out the pastry (no thinner than 5mm) and cut desired cookie shapes. We will need around 30.
- Line a baking tray with baking paper and bake cookies at 180° for 15 minutes.