



Kitchen Garden Program TERM 3 Helpers Needed



Please return this form to your classroom teacher by
Friday, 9th June, 2017

Dear Grade 5 Parents / Carers,

Next term, the Grade 5 classes will be participating in the Kitchen Garden Program once a week. During the program, your child will experience cooking through a Winter season, creating hearty, healthy dishes from fresh seasonal ingredients. Wherever possible, we will harvest vegetables directly from our garden for use in our tasty recipes.

In order for the Kitchen Program classes to run efficiently and effectively, we rely on the help of parent volunteers to lead small cooking groups as they prepare, cook and serve their dishes, which are shared by everyone at the end of each session. If you would like to be involved in Kitchen Garden Program sessions for your child in Term 3, **please fill in the attached Parent Helper Form and return it to your child's classroom teacher by Friday, 9th June, 2017**. A volunteer roster will then be prepared and distributed in the first week of Term 3.

For your information:

- The small 'meals' prepared during Kitchen Program sessions do not replace morning tea or lunch brought from home. It is advisable to check whether your child's class is scheduled before recess or lunchtime, and pack a lighter lunchbox accordingly.
- Although we cater for students with severe food allergies, the kitchen remains a high-risk environment for cross-contamination with some ingredients such as flour (gluten), egg, dairy and soy (we are Peanut, Pine-nut and Tree-nut free). If you have specific concerns about the safety of the program for your child, please drop in or contact me to discuss this in more detail.

If you have any other general queries about the Kitchen Program classes, please contact me on 0407 927 192 and I will be happy to assist.

Kitchen Garden Class times TERM 3, 2017:

5/6S Tuesdays @ 8.45am – 10.45am
5B Tuesdays @ 11.15am – 1.15pm
5J Wednesdays @ 8.45am – 10.45am
5OT Wednesdays @ 11.15am – 1.15pm

Kind regards,

Rebecca Marthick
Kitchen Program Specialist



Parent Helper Form
Please return this form by
FRIDAY, 9TH JUNE, 2017



Kitchen Cooking Class Dates – TERM 3, 2017

Your Name: Contact Number:

Email Address:

Child's Name: Class:.....

Your Emergency Details:.....

I can assist in the cooking sessions on the following dates (please tick all that apply):

5/6S DATES 8.45 -11.00am		5B DATES 11.15am - 1.15pm		5J DATES 8.45 -11.00am		5OT DATES 11.15am-1.15pm	
Tuesday 25 July		Tuesday 25 July		Wednesday 26 July		Wednesday 26 July	
Tuesday 1 August		Tuesday 1 August		Wednesday 2 August		Wednesday 2 August	
Tuesday 8 August		Tuesday 8 August		Wednesday 9 August		Wednesday 9 August	
Tuesday 15 August		Tuesday 15 August		Wednesday 16 August		Wednesday 16 August	
Tuesday 22 August		Tuesday 22 August		Wednesday 23 August		Wednesday 23 August	
Tuesday 29 August		Tuesday 29 August		Wednesday 30 August		Wednesday 30 August	
Tuesday 5 September		Tuesday 5 September		Wednesday 6 September		Wednesday 6 September	
Tuesday 12 September		Tuesday 12 September		Wednesday 13 September		Wednesday 13 September	

- Please note, your allocated times will be confirmed in Week 1 of Term 3, and may depend on the availability of other helpers also.

☺ Thank you for volunteering. Your contribution is much appreciated!