



“The H Team”
Brainstorm Production Whole School Incursion
Monday, 9th October, 2017 (first day back 4th Term)

Dear MEPS parents and students,

This year we have an exciting presentation scheduled for the first day back in Term 4. This will be a terrific way to start the term. The presentation is called “The H Team” by Brainstorm Productions with a focus on Physical, Social and Emotional Wellbeing.

This is a live show that inspires students to take responsibility for their own behaviour and wellbeing. The media and peer pressure make Mindi anxious and competitive. Cal becomes obsessed with junk food and aggressive computer games. Struggling with low self-esteem they succumb to bullying.

The children will learn critical thinking skills and the power of the bystander to outsmart The Media Magnet and the bullies. An interactive song and workout reinforces the message with the students.

9:30 am - 10:30 am: Preps, Grade 1 and Grade 2
 11:30 am - 12:30 pm: Grade 3 and Grade 4
 2:15 pm - 3:15 pm: Grade 5 and Grade 6. Parents welcome.

Assembly will be cancelled on this day but parents will be invited to watch the show instead of going to Assembly.

The cost of these sessions will be \$5.00 and **is included in the excursion levy**. Please return the permission form below with your payment (if necessary) to your child’s teacher by Tuesday, 19th September so that your child can be a part of this great experience. Please note, no late forms or payments can be accepted.

We are looking forward to starting our term off on a positive note for all the students.

Javette Westlake and Bev Harvey
 WELL BEING TEAM LEADERS

This exciting adventure story fosters **teamwork, critical thinking skills, self discipline and physical fitness**, and highlights the **power of the bystander**.

Unhealthy competition about **body shape, brand name clothes, toys and gadgets** can cause division in the playground and online. Some children feel **embarrassed and alienated** and others use their power to **tease and intimidate**.

The H Team inspires this generation of children to **outsmart the media, the junk food giants, the advertising gurus and the bullies** to create a **healthy and harmonious** school community.

The H Team Wellbeing Program Covers:

- | | | |
|---|--|---|
| <input checked="" type="checkbox"/> Bullying | <input checked="" type="checkbox"/> Teasing | <input checked="" type="checkbox"/> Consumerism and Advertising |
| <input checked="" type="checkbox"/> Motivation | <input checked="" type="checkbox"/> Healthy Lifestyles | <input checked="" type="checkbox"/> Media Pressure |
| <input checked="" type="checkbox"/> Positive Behaviours | <input checked="" type="checkbox"/> Cyber Safety | <input checked="" type="checkbox"/> Decision Making |

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Money and form due back to your classroom teacher by Tuesday, 19th September
No late forms or money can be accepted. No refunds available.

I give permission for my child _____ of Grade _____ to attend “The H Team”, Brainstorm Production Whole School Incursion on Monday, 9th October, 2017.

I have enclosed \$5.00 as payment for this incursion.

Please deduct the cost of \$5.00 from my excursion levy.

Signed: _____ Date: _____