



Term 4 Kitchen Garden Program Helpers Needed!



Dear Grade 3 Parents/Carers,

Welcome to Mt Eliza Primary School's Kitchen Garden Program 2019. I'm really looking forward to the Grade 3 students joining me next term; their first time in our fabulous kitchen. Through this program they will learn a range of new skills and will be preparing, cooking and sharing a variety of tasty dishes using fresh seasonal produce; some harvested directly from our school vegetable garden.

All parents are invited to be involved in our weekly cooking sessions during Term 4. Helpers are needed for each session to assist a small group of 4-6 students to prepare part of that day's menu, which will be shared by everyone at the end of each session. This is a terrific opportunity to be involved with your child at school in a fun and rewarding environment, while encouraging them to develop a love of cooking, a willingness to try new things, new found responsibility and independence.

A regular commitment is ideal, but I will also endeavor to accommodate parents or relatives who can only make it to one or two sessions. I would love you all to have the opportunity to be part of our classes if you can.

Each cooking session allows time to familiarise yourself with the day's recipes and ask any questions. This enables each class to run efficiently and helps us to keep to the timeframe required. Whilst the students are responsible for washing and cleaning up, your guidance would be appreciated.

The help of volunteers in our cooking classes is essential to the success of the Kitchen Program. If you would like to be involved and can assist, ***please fill in the form below and return it to your child's classroom teacher NO LATER THAN Thursday, 5TH SEPTEMBER, 2019.***

I will then be able to compile a helper roster, which will be sent home in the last week of Term 3. Using the roster, class teachers will allocate children to cooking groups – thereby ensuring that you will be able to work with your child.

Kind regards,
Jane Barnett, Kitchen Garden Cooking Specialist



**Important: Please return this note no later than the Thursday, 5th September, 2019
Kitchen Cooking Class Dates – TERM 4, 2019**

Your Name:Contact Number:

Email Address:

Child's Name:Class:.....

I can assist in the cooking sessions on the following dates (please tick all that apply):

3M DATES 11.10am - 1.15pm		3U DATES 8.50am -10.45 am		3P DATES 11.10am - 1.15pm	
Thu, 24 th Oct		Fri, 25 th Oct		Fri, 25 th Oct	
Thu, 31 st Oct		Fri, 1 st Nov		Fri, 1 st Nov	
Thu, 7 th Nov		Fri, 8 th Nov		Fri, 8 th Nov	
Thu, 14 th Nov		Fri, 15 th Nov		Fri, 15 th Nov	
Thu, 21 st Nov		Fri, 22 nd Nov		Fri, 22 nd Nov	
Thu, 28 th Nov		Fri, 29 th Nov		Fri, 29 th Nov	
Thu, 5 th Dec		Fri, 6 th Dec		Fri, 6 th Dec	
Thu, 12 th Dec		Fri, 13 th Dec		Fri, 13 th Dec	

☺ **Thank you for volunteering. Your contribution is much appreciated!**