

16th October, 2020

Grade 5 Body Education with Kelly Nash



Dear Parents/Carers,

Mt Eliza Primary School has engaged me to conduct a Body Education Program for Grade 5 students in Term 4 this year.

The program is usually delivered face to face, however, this year, in order to be Covid Safe the program will be done online.

- Session 1 : The Common Physical changes of Puberty
- Session 2: The Social/Emotional and gender specific changes of Puberty
- Session 3: Reproduction – including conception, foetal development and birth

I use the Department of Education document, “Catching on Early” as a guide for age appropriate content.

<https://www.education.vic.gov.au/school/teachers/teachingresources/discipline/phised/pages/about.aspx>

My aim is to support (not substitute) families in this important area of education. Your role in this time is important, as I will be asking the students to interview you regarding your experience of teen years; this allows you to be actively involved and gives us a prompt for our second session regarding the social and emotional changes of puberty.

My language is respectful and inclusive; the sessions are fun and informal and involve games and activities as well as discussion. Your child is welcome to involve themselves as much or as little as they feel comfortable to do so. I avoid values based commentary so if any questions arise during the time I am with your children that are of a values based nature, I will direct those questions back to you. Just giving you the heads up!

I have worked with Mt Eliza Primary School for many years and look forward to working with the school community again in term 4.

Regards

Kelly

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Grade 5 Body Education with Kelly Nash
Please return this form to your child’s teacher by Wednesday, 21st October, 2020

I give permission for my child Grade to attend the Body Education lessons with Kelly Nash on the 26th October, 9th November and the 23rd November 2020.

There is no cost to parents for this programme.

Parent/Guardian’s Name:

Parent/Guardian’s Signature: